

Sugarloaf Senior High School
Ms. H. White
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Nutrition for Healthy Living 120 as Home Learning

Hi There,

I hope everyone is staying happy and healthy. The time is certainly passing us by. Stay productive and keep on learning. It would be fantastic to hear from all of you out there!!



Week 7

1. Treatment of Obesity

Stomach stapling, liposuction are examples of some aggressive ways used today to treat obesity. Identify these practices and what is involved in the treatment. Comment on the use and possible risks of these practices. Submit your assignment as a Word document or a PowerPoint presentation.

2. In the following activities you will again look at the components of wellness, and factors that determine good health. Follow the link, watch videos, take notes, and answer the questions.

https://lah.elearningontario.ca/CMS/public/exported_courses/PPZ3C/exported/PPZ3CU1/PPZ3CU1A4/content.html

3. In this activity use any information you have learned in these lessons on obesity or other lessons you have completed during home learning to create a three or more framed/panelled comic strip. You may use speech bubbles if you wish (representing the speech or thoughts of a given character in the comic). You

may choose not to use speech bubbles. You may create your comic strip on a piece of paper and take a picture/screenshot to send it, or any means that you are comfortable using. You may color it or leave it back and white. **Stick people are acceptable.**

A panel is an individual frame, or single drawing, in the multiple-panel sequence of a comic strip or comic book. A panel consists of a single drawing depicting a frozen moment. When multiple panels are present, they are often, though not always, separated by a short amount of space called a gutter.

This link shows you the different types of speech bubbles.

https://youtu.be/xL-RkRG_rBU

Below are some examples of a comic strip.





Use a Word document or PowerPoint presentation to report. Make sure you write the information in your own words. Do not copy and paste.

