

## Goals, Growth & Grit: Skills for Success 120

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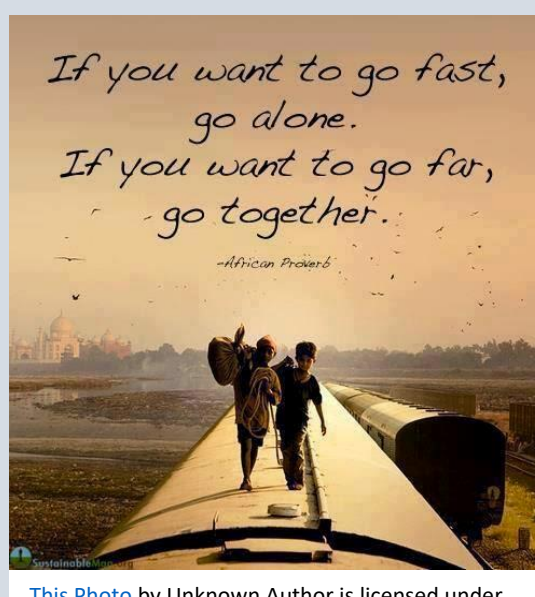


Hello class, if you are working towards a **Credit** in this course, instead of enrolled on your transcript, please let me know.

We have begun looking at the most common soft skills required to be successful in the workplace and in life, the **4 C's**. We explored **Communication** last week and this week we will look at **Collaboration**. Working with others is probably something you have done at home with family members and at school with your peers. No matter what career path you choose, you will have to work with other people. Collaboration means putting our heads together and learning from one another while learning about our own strengths. How do we do this successfully?

Collaboration is defined as a cooperative arrangement where two or more people work together towards achieving a common goal. This is much like **Teamwork**, which is a group of people performing their individual roles to contribute to the achievement of a common goal. Can you see the slight difference? Whether working individually or with a partner, reaching a common goal is paramount to the success of any workplace. For this week, we will focus on teamwork skills.

- Why are teams essential to success? Summarize your findings.  
<https://www.atlassian.com/blog/teamwork/the-importance-of-teamwork>
- What are the different types of teams? Summarize your findings.  
<https://www.capsim.com/blog/what-different-types-of-teams-are-in-the-workplace/>
- Did you know that you can learn a lot about teamwork from geese? Read the following article and explain what people can learn from these birds.  
<https://lenwilson.us/5-thing-geese-can-teach-us-about-teamwork/>
- Try one (or more) of the these teambuilding activities with the people in your "bubble". [https://www.momjunction.com/articles/team-building-activities-games-and-exercises-for-teens\\_00375666/](https://www.momjunction.com/articles/team-building-activities-games-and-exercises-for-teens_00375666/)



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Have a great week, you've got this! 😊