

Hello to all my BBT students! Miss you all. It's now been 3 full weeks since we were in class together and we are starting week 4.

I sure hope you have all been keeping yourselves safe and sane. These are not ordinary times but it is the reality we are now in and will be for a while more.

Even though we are all asked to stay physically distant does not mean we have to be emotionally distant as well. It is especially important during uncertain periods to stay connected to one another.

As your first BBT exercise I challenge you to reach out to as many of your friends, family members and acquaintances as you can. But remember to observe the physical distancing measures in place. Use the telephone, e-mail, facebook, twitter, Whatever works for you. Say hello, say you miss them, say you are thinking about them, ask how they are, etc ... have a conversation or just a quick hello and goodbye, your choice.

Now keep track of the number of contacts you've made and report back on Friday. Send your number to my email: patrice.lanteigne@nbed.nb.ca

Let's see how many we'll have as a group. Do we want to challenge other schools?

Have fun with this!