4.3 Parenting Styles

Learning Goals

* In this presentation you will learn the following:
  + - Authoritarian parenting
    - Authoritative parenting
    - Permissive parenting
    - Uninvolved parenting
* Assessment will be conducted with a quiz

Parenting Styles

* Your parenting style has a strong effect on your children.
* It’s important to make sure your parenting style supports healthy growth and development.
* Researchers have identified four types of parenting styles:
  + - Authoritarian
    - Authoritative
    - Permissive
    - Uninvolved
* Each style takes a different approach to raising children and can be identified by certain characteristics.

Authoritarian Parenting

* Authoritarian parents believe children should follow rules with no exceptions.
* Authoritarian parents are not interested in negotiating and their focus is obedience.
* They do not usually allow kids to get involved with problem solving challenges or obstacles.
* Instead they make rules and enforce consequences.
* Authoritarian parents may use punishments instead of discipline.
* Instead of teaching a child to make better choices, their focus is on punishing mistakes.
* Children of authoritarian parents can develop self-esteem issues.
* They can also become angry towards their parents.
* Follow the link for an example of authoritarian parenting
* <https://www.youtube.com/watch?v=JqwDhzGmnHU>

Authoritative Parenting

* Authoritative parents have rules and consequences, but they also take their children’s feelings into account.
* They validate their children while still making it clear that the parents are in charge.
* Authoritative parents try to prevent behaviour problems and use positive discipline strategies to promote good behaviour.
* Children raised with authoritative discipline tend to be happy and successful.
* They tend to be more likely to make good decisions.
* Research has suggested that kids with authoritative parents are most likely to be responsible adults that feel comfortable expressing opinions and sharing feelings.
* Follow the link for an example of authoritative parenting.
* <https://www.youtube.com/watch?v=0Ru69U_kqGw>

Permissive Parenting

* Permissive parents are lenient, they only step in when there is a serious issue.
* They tend to be forgiving and even when they issue consequences, they might not enforce them.
* Permissive parents usually take more of a friend role than a parent role.
* They don’t usually put a lot of effort in discouraging poor choices and bad behaviour.
* Children who grow up with permissive parents are more likely to struggle in school with both academics and behaviour.
* They probably won’t appreciate authority or rules.
* The children may also have low self-esteem and report a lot of sadness.
* Follow the link for an example of permissive parenting
* <https://www.youtube.com/watch?v=vCPBWUqfIBo>

Uninvolved Parenting

* Uninvolved parents tend to have little knowledge of what their child is doing.
* There tend to be few rules and children may not receive a lot of guidance or attention from parents.
* Uninvolved parents expect that their children will raise themselves.
* Uninvolved parents may be neglectful but it might not always be intentional – some uninvolved parents struggle with mental health issues or substance abuse.
* At other times, uninvolved parents might lack knowledge about child development or they might be overwhelmed with other issues.
* Children with uninvolved parents tend to struggle with their self-esteem and perform poorly in school.
* Follow the link for an example of uninvolved parenting.
* <https://www.youtube.com/watch?v=6gobZu44f1k>

Parenting Styles

* Parents don’t always fit into just one category, there can be some things you’re authoritative about and some things you’re permissive about.
* The studies show however, that the authoritative style is best for children.

QUIZ