**Sugarloaf Senior High**

**Personal Development Course Evaluation and outline**

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This is a one semester course which will finish in June 2023. This is a tentative schedule, subject to change. The course will focus on the following Personal Development topics:

1. **Personal Development/Management**
 Self-Concept
 Communication Skills
 Self-Awareness
 Responsible Choices
 Suicide Prevention
2. **Human Development/Sexual Health** Healthy Relationships
 Sexual Health and Well Being
 Sexual Orientation and Gender Identity
3. **Lifelong Learning/Work planning**
 Values
 Goal Setting
 Labor Market
 Employability Skills / Soft Skills

 **4. Life/work building process**

Career/job search skills

 Risk taking and positive attitude

 Services and initiatives to transition from school to work

 The importance of volunteering

 Life/work balance

Unforeseen circumstances may require modification of this plan for an individual student.

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| **G.C.O**. **1.0** Students will develop a positive self-concept and the skills necessary to interact effectively with others. | 20% |
| **G.C.O**. **2.0** Students acquire the knowledge and skills required to make healthy choices related to sexual health. | 20% |
| **G.C.O. 3.0** Students will locate, evaluate and effectively use life/work information. | 20% |
| **G.C.O. 4.0** Students will engage in the life/work building process. | 20% |
| **Exam/final project** | 20% |

**Expectations:**

**Course material covered**

* Students are responsible for obtaining **any** work covered (including homework) during absences.

**Late Assignment Policy:**

* Any assignment that is not handed in on the due date will lose 20% of its value per day for the first four days. On the fifth day the assignment will be worth zero.

**Missed Evaluations**:

* *Any evaluations* that are missed will be made up as soon as you return to class.

