

# **Mrs. Chandler's Child Studies class**

## **Week 5**

**Please read important message to students on posted on my teacher page**

**Hello class, below you will find my contact information as well as information regarding resources that you can access on notes, readings and videos for Unit 1- Week 5- May 4, 2020 – May 8, 2020**

**Thank you and stay safe.**

**Contact Information:**

**[Shelley.Chandler@nbed.nb.ca](mailto:Shelley.Chandler@nbed.nb.ca)**

**Website: <http://sugarloaf.nbed.nb.ca/chandler>**

**Overview of the unit**

**Unit 1- Prenatal Development, birth and the newborn**

**To advocate the importance of a healthy prenatal environment and meeting the needs of a newborn**

**Curriculum outcomes and objectives**

**2.5- Analyze the effects of nutrition, health habits and the environment on each of the stages of prenatal development**

**Objectives: environmental hazards, nutrition, generic, birth defects and prenatal tests**

### **3.1 Assess the ways that family members can be involved in pregnancy and childbirth options**

**Objectives: role of the family, birthing facilities and methods, prenatal classes, childbirth and postnatal maternal care**

#### **Home learning activity for week 4:**

- ✓ **Sleep questions assignment**
- ✓ **Web resources for reflection questions:**
  - <https://www.youtube.com/watch?v=FF0lxhThzHY>
  - <https://www.youtube.com/watch?v=VQGFo95u2LY>
  
- ✓ **Web resources to answer questions:**
  - <https://www.sleepfoundation.org/sleep-topics>
  - <https://www.sleepfoundation.org/articles/screen-time-and-insomnia-what-it-means-teens>
  - <https://www.youtube.com/watch?v=3MbLSnGOCDk>
  - <https://www.youtube.com/watch?v=QCDjeZS3aYI>